

Dental Health Songs

Tune: "Row, Row, Row Your Boat"

Brush, brush, brush your teeth
After every meal.
Whiter, whiter, whiter teeth
Oh, how clean they feel.

Tune: "Row, Row, Row Your Boat"

Brush, brush, brush your teeth
Brush them round and round.
Cleaner, whiter, stronger teeth
You don't have to frown.

Brush, brush, brush your teeth
Gently round and round.
Smile, smile, smile, smile
Smile and do not frown.

Tune: "Row, Row, Row Your Boat"

Brush, brush, brush your teeth
Brush them twice a day.
See your dentist twice a year
To keep away decay.

Brush, brush, brush your teeth
After every snack.
It will keep them clean and white
Both the front and back.

Tune: "Row, Row, Row Your Boat"

Brush, brush, brush your teeth
After every meal
The more you brush
The more you floss (brush)
The better you will feel.

Tune: "This Is The Way"

This is the way we brush our teeth
Brush our teeth
Brush our teeth
This is the way we brush our teeth
So early in the morning.

Tune: "Twinkle, Twinkle, Little Star"

Twinkle, twinkle little tooth
Here's a maxim full of truth.
We will keep you from decay
If we brush you every day.
Twinkle, twinkle little tooth
Here's a maxim full of truth.

Tune: "Clementine: Sweet Tooth Sue"

She likes candy, she likes ice cream
She likes anything that's sweet.
When her mother isn't looking
That is all she ever eats.

Not potatoes, not tomatoes
Not fresh fruit or even meat.
She doesn't like them, she won't eat them
All she wants is something sweet.

Tune: "She'll Be Comin' Round the Mountain"

If your teeth are clean and show it
Clap your hands. (Clap, clap)
If your teeth are clean and show it
Clap your hands. (Clap, clap)
If your teeth are clean and show it,
Now's the time for all to know it.
If your teeth are clean and show it
Clap your hands. (Clap, clap)
a. Nod your head (Nod, nod)
b. Stamp your feet. (Stamp, stamp)
c. Do all three.

Tune: "Are You Sleeping?"

Are you brushing?
Are you brushing?
Every day?
Every day?
Yes, I try to brush them.
Yes, I try to brush them.
Twice a day!
Twice a day!